

Vicarious Traumatization in Law Enforcement

A Resiliency Initiative

Date: TBA

Time:

Location: TBA

Instructor: Dr. Robert J. Cipriano Jr.

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SIMCIP GROUP

320 South Flamingo Road
Suite 255

Pembroke Pines, FL 33027

Phone: (305) 528-7309

E-mail: rcipriano@simcipgroup.com

Website:

www.simcipgrouptrainingandconsultingservices.com



This seminar encompasses an in-depth discussion surrounding trauma and how it can disturb our normal way of life, our beliefs and the very fabric and foundation of what once was. This program will define Vicarious Traumatization (VT) and how such symptoms manifest within law enforcement along with providing management tools using a resiliency initiative (Penn Resiliency Program).

VT is a concept that was designed to provide a framework for understanding the negative effects of exposure to trauma on crisis workers, first responders, police officers, and public safety personnel whom work with trauma.

Learning Objectives:

Upon completion of the seminar, attendees will potentially:

- Acquire new insight into managing Vicarious Traumatization (VT)
- Receive resiliency and management tools using the Penn Resiliency Program.
- Empower oneself for identifying and managing symptoms associated with Vicarious Traumatization (VT)
- Acquire knowledge regarding Post Trauma Stress reactions
- Defining & managing stressors that can exacerbate Post Trauma Stress reactions.